



NEWS RELEASE

Annual Bike to Work Day Set for May 19

Free Event Peddles Commuting, Conservation, Camaraderie

FREDERICK, MD – April 14, 2017: Free registration is open for Bike to Work Day, the opportunity to join the company of pedalers May 19 on a ceremonial bike ride that supports commuting by bicycling and mass transit.

The annual event is to build support for bicycling and mass transit as an alternative to commuting in single-occupancy cars. Register for Bike to Work Day at <http://www.biketoworkmetrodc.org/>.

Register by May 12 for the Bike to Work T-shirt. T-shirts are limited, available first-come, first-served.

As part of the festivities, a registration party and T-shirt pick up will be 5-8 p.m. May 12 at The Bicycle Escape in The Clemson Corner Shopping Center. Registration party details are available from The Bicycle Escape, <https://thebicycleescape.com/2017/04/04/bike-to-work-pre-reg-party/>.

Rain or shine, Bike to Work Day will begin at 6:30 a.m. with the ceremonial ride from Hood College to City Hall and end at the designated area pit stop at the Frederick Transit Center (Downtown MARC Station) with free refreshments, music, and giveaways.

The annual Bike to Work Day is sponsored by TransIT Services of Frederick County. TransIT Services offers commuter resources for those interested in using alternative transportation including public transit, paratransit and commuter assistance services to Frederick County residents and area commuters. TransIT offers bicycle racks on many connector buses to make biking to work easy and inexpensive. The MARC Station, also known as the Transit Center, the location of the Bike To Work Day pit stop in Frederick, serves as the arrival and departure site for most TransIT buses, MARC trains, MTA commuter buses, Bay Runner Shuttle and Greyhound.

Commuter Connections and the Washington Area Bicyclist Association encourage everyone to participate, prepare for the event and learn more about bike commuting. For tips on bicycling to work, check out the "Bicycling to Work in the Washington Area" available through Commuter Connections at: www.commuterconnections.org/commuters/bicycling/.

For questions about Frederick's Bike to Work Day, contact Tim Davis at 301-600-1884 or email tdavis@cityoffrederick.com.

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