

FREDERICK COMMUNITY ACTION AGENCY

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MEDIA ADVISORY

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FOR IMMEDIATE RELEASE

Frederick Community Action Agency Programs that Promote Food Security

Frederick, Maryland – The **Frederick Community Action Agency (FCAA)** wants to remind residents that it operates the following important Food and Nutrition Programs that promote food security as well as prevent hunger and malnutrition.

The FCAA also operates the **Frederick Foodbank** that serves approximately 600 to 800 households each month. Started in 1983, the Frederick Foodbank is staffed by 50 volunteers and provides a 3- to 5-day supply of food to families and individuals that are experiencing an economic crisis and cannot afford their groceries. During fiscal year 2018, the Frederick Foodbank served 2,611 different families. The Frederick Foodbank is located at 14 East All Saints Street, Frederick and is open five days a week during the following hours:

- Monday: 2:00 to 4:00 p.m. and 7:00 to 9:00 p.m.
- Tuesday: 2:00 to 4:00 p.m.
- Wednesday: 7:00 to 9:00 p.m.
- Thursday: 2:00 to 4:00 p.m.
- Friday: 2:00 to 4:00 p.m.

If you're in need of groceries for you and your family, please visit the Frederick Foodbank or call 301-600-6263 for more information.

The FCAA operates the **Frederick Soup Kitchen** that serves a free evening meal seven days a week and serves over 2,400 meals per month. Started in 1984, the Frederick Soup Kitchen is staffed by a paid cook and over 250 volunteers who prepare and serve a free evening meal to anyone in need. The Frederick Soup Kitchen serves up to 120 people a night and more than 25,000 meals are served annually. During fiscal year 2018, the Frederick Soup Kitchen served a total of 26,291 nutritious meals. Meals are served daily from 5:30 to 6:30 p.m.

The Frederick Soup Kitchen is located in the Frederick Community Action Agency at 100 South Market Street, Frederick. If you're in need a meal, please visit the Frederick Soup Kitchen or call 301-600-1506 for more information.

Through a wide array of programs and services, the Frederick Community Action Agency (FCAA) provides food, shelter, medical care, housing, and other forms of assistance to families and individuals who are lower-income or homeless. Started in 1968, the FCAA is sponsored by the City of Frederick and Friends for Neighborhood Progress, Inc. The major programs operated by the FCAA can be categorized into six (6) broad program areas: Food and Nutrition Programs, Outreach and Transportation Programs, Health Care Programs, Housing and Weatherization Programs, Homeless Assistance Programs, and Energy Assistance Programs. For more information, please contact the FCAA at 301-600-1506 or visit the FCAA's website at www.cityoffrederick.com/fcaa. Mike Spurrier is the Director of the FCAA and he can be reached at 301-600-3955 or by email at mspurrer@cityoffrederick.com. Please feel free to contact the FCAA if you are in need of assistance.

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