



NEWS RELEASE

Bike to Work Day Celebration Is Growing

City Encourages Healthful Auto Alternative to Commuting

FREDERICK, MD – April 13, 2018: Free registration is open for the May 18 Bike to Work Day, when Frederick cyclists take a ceremonial ride and raise awareness about carless commuting.

On May 9, during the mayor and Board of Aldermen workshop, Mayor Michael O'Connor will proclaim May 14-18 Bike to Work Week. The featured event in Frederick occurs on Bike to Work Day: Rain or shine on May 18, at 6:30 a.m., a ceremonial ride open to all begins at Hood College, goes to City Hall and ends at the Frederick Transit Center (Downtown MARC Station). At the conclusion, participants will receive free refreshments, music and giveaways.

Annual Bike to Work events are sponsored to promote bicycling and mass transit as an alternative to commuting in single-occupancy cars. Register for Bike to Work Day at

<http://www.biketoworkmetrodc.org/>.

TransIT Services of Frederick County is one of the day's sponsors. TransIT Services offers commuter resources for those interested in using alternative transportation, including public transit, paratransit and commuter assistance services to Frederick County residents and area commuters. TransIT offers bicycle racks on many connector buses to make biking to work easy and inexpensive.

The MARC Station, also known as the Transit Center, is the location of the Bike To Work Day pit stop in Frederick, and serves as the arrival and departure site for most TransIT buses, MARC trains, MTA commuter buses, Bay Runner Shuttle and Greyhound.

Commuter Connections and the Washington Area Bicyclist Association encourage everyone to participate, prepare for the event and learn more about bike commuting. For tips on bicycling to work, check out the "Bicycling to Work in the Washington Area" available through Commuter Connections at: www.commuterconnections.org/commuters/bicycling/.

For questions about Frederick's Bike to Work Day, contact Tim Davis at 301-600-1884 or email tdavis@cityoffrederick.com.



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