

FREDERICK COMMUNITY ACTION AGENCY

Description of Programs and Services



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FREDERICK COMMUNITY ACTION AGENCY

Agency Overview

Through a wide array of programs and services, the Frederick Community Action Agency (FCAA) provides food, shelter, medical care, housing, and other forms of assistance to families and individuals that are low-income or homeless. Started in 1968, the FCAA is sponsored by the City of Frederick and Friends for Neighborhood Progress, Inc. The major programs operated by the FCAA can be categorized into six (6) broad program areas described below:

Food and Nutrition Programs

Frederick Soup Kitchen: The Frederick Soup Kitchen provides an evening meal seven days a week and serves over 2,400 meals per month. Started in 1984, the Frederick Soup Kitchen is staffed by a paid cook and over 250 volunteers who serve a free evening meal to anyone in need. The Frederick Soup Kitchen serves up to 110 people a night and more than 25,000 meals are served annually.

Frederick Foodbank: The FCAA operates the Frederick Foodbank that serves approximately 600 to 700 households each month. Started in 1983, the Frederick Foodbank is staffed by 50 volunteers and provides a 3- to 5-day supply of food to families and individuals that are experiencing an economic crisis and cannot afford their groceries.

Summer Food Service Program: Funded by the U.S. Department of Agriculture, the Summer Food Service Program was initiated during the summer of 1994. The program provides a free lunchtime meal to children age 18 and younger and targets lower-income children who receive free or reduced-price meals during the school year. The nutritious and balanced meals are served Monday through Friday during the months of June, July, and August at local parks and youth centers.

Backpack Program: Through a partnership with Hillcrest Elementary School, FCAA staff and volunteers fill 450 backpacks with nutritious food items every two weeks during the school year and school staff distribute the backpacks to children that are at-risk of hunger and malnutrition. The backpacks are filled with food items that children can easily prepare and eat when school meals are not available or parents may be working.

After-School Supper Program: FCAA staff members prepare and deliver an evening meal for students in an After-School Program operated by the Police Activities League (PAL); the meal is served at the PAL Center located in Lucas Village. Meal costs are reimbursed by the USDA.

Outreach and Transportation Programs

Outreach Services: FCAA outreach workers perform outreach to local shelters, streets, woods, and other areas where people that are homeless can be found. Staff members strive to meet people who are homeless, familiarize them with available resources, and build trusting relationships.

Transportation Services: On weekdays, the FCAA operates a free van run that transports people to a variety of health and human service agencies located around Frederick City.



Health Care Programs

Community Action Health Center: In 2015, the FCAA was designated a Federally Qualified Health Center (FQHC) and expanded primary health care and dental services for lower-income adults and children. Physicians, nurse practitioners, and physician assistants provide health care services to adults and children who are uninsured, ineligible for other public health care programs like Medicaid, and have a total household income at or below 200% of the federal poverty level (FPL), as adjusted for the size of the family. In addition, the FCAA continues to serve adults and children that are experiencing homelessness or are recipients of Medical Assistance.

Health Care for the Homeless: The Health Care for the Homeless (HCH) program, initiated in 1989 through a federal grant, provides primary health care, case management, and supportive services to people that are homeless – serving about 1,200 people annually. The FCAA operates a primary health care clinic that is staffed by nurse practitioners, physician assistants, physicians, medical assistants, and case managers.

Medical Assistance Provider: Under the Maryland Medical Assistance (Medicaid) Program, the FCAA is a participating provider with the following Managed Care Organizations: Priority Partners MCO, Maryland Physicians Care MCO, University of Maryland Health Partners MCO, and Amerigroup MCO. The FCAA also serves patients that have Unrestricted Medical Assistance benefits.

School-Based Health Center: Through a partnership with Frederick County Public Schools and the Ausherman Family Foundation, the FCAA began operating a School-Based Health Center during the summer of 2011. The School-Based Health Center serves students from Lincoln, Hillcrest, Waverley, and Monocacy Elementary Schools as well as their younger siblings.

Housing and Weatherization Programs

HUD-Approved Housing Counseling Agency: The FCAA is a *HUD-Approved Housing Counseling Agency* and provides pre-purchase, default, reverse mortgage, and rental counseling as well as homebuyer education classes for first-time homebuyers. FCAA Housing Counselors also administer the State-funded Community Partners Incentive Program and the House Keys for Employees of the City of Frederick – both programs provide down-payment assistance to first-time homebuyers.

Weatherization Assistance Program: The Weatherization Assistance Program provides home weatherization services for income-eligible households living in Frederick County. Households eligible for weatherization must have incomes at or below 200% of the federal poverty level and meet other criteria. The family may rent or own their home, but renters must obtain landlord permission.

Bay Restoration Fee Exemption Program: The Bay Restoration Fee Exemption Program allows lower-income homeowners and renters that are paying a City of Frederick water and sewer bill to request an exemption from the Bay Restoration Fee, which collects funds for the environmental restoration of the Chesapeake Bay.

Housing First Program: The Housing First Program provides subsidized permanent housing to people who need it the most – chronically homeless, disabled individuals that are literally living on the streets of Frederick. With funding from HUD and other sources, the FCAA has established nineteen (19) scattered-site Housing First units that house twenty-three (23) different individuals; supportive services like case management and primary health care are provided by FCAA staff.

Homeless Assistance Programs

PATH Project: The federally funded PATH Project provides case management, outreach, and transportation services to people that are homeless and have a serious mental illness. Initiated in 1992, PATH Project staff work closely with therapists and psychiatrists from other agencies to ensure adequate access to mental health treatment services for people that are homeless.

SOAR Program: The SSI/SSDI Outreach, Assessment and Recovery or SOAR Program helps people that are homeless and disabled to apply for disability benefits available through the Social Security Administration. In addition, the SOAR case manager assists people with obtaining necessary documents, such as birth certificates and photo identification cards, needed to apply for benefits.

Transitional Shelter: The Frederick Transitional Shelter for Homeless Families is a 31-bed shelter that was built by the City of Frederick and is operated by the FCAA. The shelter provides transitional housing and a wide range of supportive services for homeless families and physically disabled adults. The Transitional Shelter serves approximately 60 households on annual basis.

Transitional Apartments: The Transitional Apartments provide long-term transitional housing and supportive services for families in need of transitional housing. Families residing in the Transitional Apartments must first be admitted to and stabilized at the Transitional Shelter.

Energy Assistance Programs

Office of Home Energy Programs: The FCAA Office of Home Energy Programs administers several different financial assistance programs aimed at helping income-eligible households to be able to pay utility and fuel bills; minimize energy-related crises; and to assist in making utility, heating, and cooling expenses more affordable. Specifically, the FCAA Office of Home Energy Programs administers the Maryland Energy Assistance Program (MEAP), the Electric Universal Service Program (EUSP), and the Utility Service Protection Plan (USPP).

FCAA Program Facilities and Offices

FCAA Foodbank Program

George L. Shields Foodbank Facility
14 East All Saints Street, Frederick, MD 21701
Telephone: 301-600-6263 or 301-600-6265

FCAA Housing & Weatherization Offices

121 South Market Street, Frederick, MD 21701
Weatherization Assistance Program: 301-600-6985
Housing Counseling Program: 301-600-3966



FCAA Office of Home Energy Programs

420 East Patrick Street, Frederick, MD 21701
Telephone: 301-600-2410

FCAA School-Based Health Center

Hillcrest Elementary School
1285 Hillcrest Drive, Frederick, MD 21703
Telephone: 240-236-3275



“The moral test of a government is how that government treats those who are in the dawn of life – the children; the twilight of life – the elderly; and the shadows of life – the sick, the needy, and the handicapped.”
Vice President Hubert H. Humphrey ~ November 1, 1977